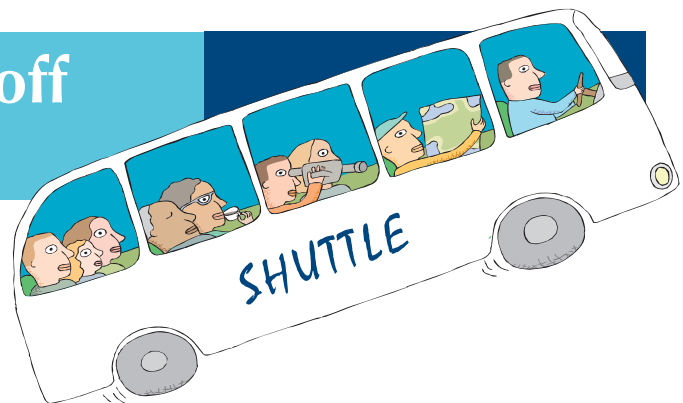


DESTINATION  
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NAKAUINANU

*Experience*

our Hop-on Hop-off  
Shuttle Service



Discover Sept-Îles at your pace and leisure





**1, Quai Mgr Blanche, Sept-Îles, Québec, Canada G4R 5P3**

**Phone: 418 961-1228**

**email: [dsin@portsi.com](mailto:dsin@portsi.com)**

Canada 



*In and Around our stops*  
you will find...



**Stop # 1 North Shore Regional Museum**

- In the Museum—permanent exposition on the history of the North Shore of the St. Lawrence River, craft and gift shop with products made by local artists. Visit on your own. Admission fee.
- Police Station & Fire Department
- Shoe Store (Club Chaussures)
- Canadian Tire (Hardware, outdoor, sports)

**Stop # 2 Place des Cormiers Mall**

- Grocery store
- Liquor store
- Office Supplies Store (Staples)
- Coffee Shops (Tim Hortons, Toi, Moi & Café)
- Restaurants
- Billard/Pool Hall
- Main Post Office (Philately)

**Stop # 3 Place de ville Shopping Mall**

- Pharmacy
- Grocery Store
- Women, Men and Children's clothing
- Shoe stores
- Gift shops
- Book Store (English books available)
- Restaurants
- Banks (National Bank, Caisse Populaire Desjardins, Banque Laurentienne)
- Convenience store



*In and Around our stops*

you will find...



#### **Stop # 4 Galeries Montagnaises Shopping Mall**

- From this stop you can begin, self-guided tour # 1, Uashat Walking Tour, refer to page 4 for itinerary.
- Shaputuan Innu Museum—in the museum you will find a permanent exposition on the life cycle of the Innu population through the seasons. Visit on your own. Admission fee.
- Walmart
- Pharmacy
- Innu Apakuai (Craft Boutique)
- Convenience store
- Grocery Store
- Travel Agency
- Women, Men and Children's clothing
- Restaurants (McDonald's, St-Hubert Rotisserie)

*In and Around our stops*

you will find...



### **Stop # 5 Old Trading Post**

- This site represents an archeological exposition and reconstruction of the Hudson Bay Company Old Trading Post. Visit on your own. Admission fee.
- Agara, Innu workshop and art gallery (136, Des Montagnais Blvd)
- ITUM Band Council Administrative Centre (facing Agara Art Gallery)
- Uashat Police Department

### **Stop # 6 Old Dock Park/Parc du Vieux-Quai (Yellow Tent)**

- From this stop you can begin, self-guided tour # 2 , Sept-Iles Waterfront. This stroll along the waterfront and old district of Sept-Iles will take you to the cruise terminal. Refer to page 6 for itinerary.
- Once you arrive at the cruise terminal, you may continue with, self-guided tour #3, Sept-Iles, An Industrial City. Refer to page 9 for itinerary.
- Old dock boardwalk
- Restaurants
- Boutiques
- Church
- Pubs
- Specialty shops

# Self guided Tour #1

## UASHAT (SEPT-ÎLES INNU COMMUNITY) WALKING TOUR



★ shuttle bus stop

Begins at shuttle bus stop #4 and ends at shuttle bus stop #5. It's about 1 mile long on flat sidewalks and/or streets.

### 1 SHAPUTUAN MUSEUM (290 des Montagnais Blvd)

Long before the arrival of the Europeans, the territory of Sept-Îles was frequented by natives. The Innu travelled every summer to what is today the city of Sept-Îles and returned to the North each fall. The museum illustrates the traditional Innu seasonal life cycle. Admission free. *Exit the museum and cross the parking lot on your left to enter the shopping mall.*

### 2 LES GALERIES MONTAGNAISES SHOPPING MALL (1005 Laure Blvd)

Located on your right as you enter the mall, the APAKUAI Innu craft boutique sells moccasins, knives, jewellery, and other traditional Aboriginal handicrafts made by the First Nations of the area. *Exit the mall by the door to the left of the APAKUAI boutique. Walk along des Montagnais Boulevard then turn left on Matinen Street. Continue to Pashin Street.*

### 3 ELEMENTARY SCHOOL (100 Pashin Street).

This is a great example of Innu architecture inspired by the design of a Shaputuan, which means a place for gathering, meeting and sharing. Most of the children learn the Innu language at home and 80% of instruction at the elementary level is given in their mother tongue (Innu). French is taught as a second language. In high school, instruction is 100% in French. *Continue on Pashin and turn right on Shamani Street.*

# Self guided Tour

continued



## 4 THE COMMUNITY'S HEART

As you walk, you may notice that the lawns aren't as manicured as in other parts of town. The Innu prefer to keep their lawns looking as natural as possible. You may also notice that the front door of some houses is open. For the Innu, this is a custom; they don't close their doors because all members of the community are welcome in their homes. They have been doing this since the days they were living in tents. The Innu have a very strong sense of community. They take care of their elders and in return the elders often care for their grandchildren. *Continue to the end of the street and turn right on des Montagnais Boulevard.*

## 5 AGARA (136 des Montagnais Boulevard).

The workshop and art gallery of Ernest Dominique, an internationally known artist, illustrates native arts and history. Free admission.

## 6 ITUM BAND COUNCIL ADMINISTRATIVE CENTRE (located in front of the art gallery, 290 Des Montagnais)

This is another great example of Innu architecture. The Innu community (population: approx. 3,750) has its own administrative centre separate from Sept-Îles. The ITUM Band Council consists of one chief and nine counsellors and its role is similar to that of a city council. The Administrative Centre houses community services in social development, culture, education, an employment agency, and other facilities. Health services are located in their own building elsewhere in the community. You're welcome to enter the building where you can watch for these

features: At the entrance, an Ernest Dominique sculpture of an Innu chief; in the lobby, an exhibit on Innu housing; in the meeting room located on your left, pictures of Innu chiefs painted on drums as well as the design on the floor. *As you exit the building, turn right on des Montagnais Boulevard and walk to No. 101.*

## 7 UASHAT POLICE DEPARTMENT (101 des Montagnais Boulevard)

This is another great example of Innu architecture. The Innu community also has its own police department. Notice the sculpture by the sidewalk. The Uashat reservation celebrated its 100th anniversary in 2006, coinciding with Innu elder Blandine Jourdain's 110th birthday. Sadly, Ms. Jourdain passed away the following year. This commemoration marked the Innu transition to a sedentary nation a little over 100 years ago. In 1906, at the request of the Innu living in Sept-Îles, the Canadian government gave them a territory so that they could establish a permanent village. *Keep on walking on des Montagnais Boulevard and turn right on Shimun Street.*

## 8 THE OLD TRADING POST/LE VIEUX-POSTE DE TRAITE (located at the end of Shimun Street).

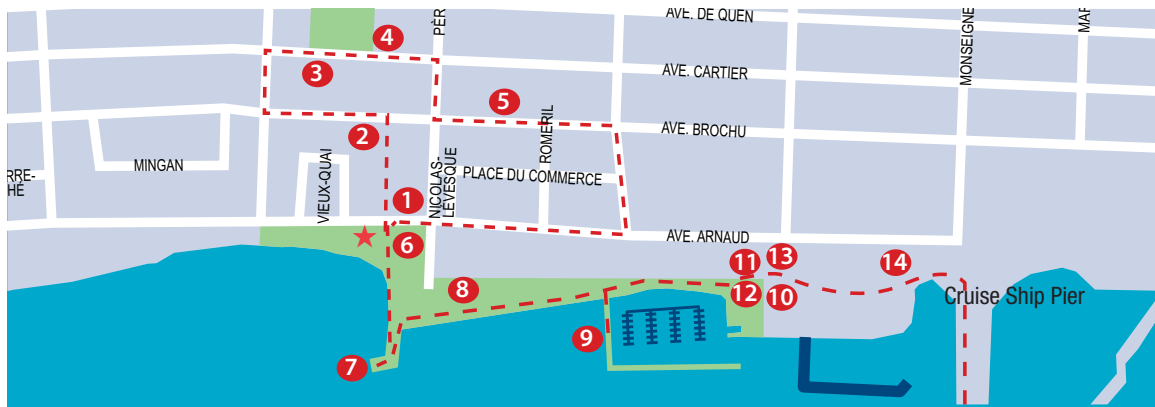
The arrival of the first Europeans dates back to 1661 with the construction of a fur trading post. The Vieux-Poste is a partial replica of the trading post, which was initially operated by the French, and later by the British. Admission fee. *Shuttle bus stop #5 is located in the parking lot of the Old Trading Post.*

# Self guided Tour #2

## SEPT-ÎLES WATERFRONT WALKING TOUR



This walking tour begins at shuttle bus stop #6 and ends at the cruise ship pier. It's about 1.5 mile long on flat sidewalks and/or streets. When you get off the shuttle bus, cross Arnaud Avenue and walk to the house at number 516.



★ shuttle bus stop

**1 THE BOUDREAULT HOUSE (516 Arnaud Avenue)** is one of the last heritage homes in Sept-Îles. Built in 1917 by a former city mayor, it is located near the dock, and often saw ship's captains and travelers stop in for a cup of coffee, a good meal or a place to stay for a few days. *Walk through the parking lot on the left side of the house to the entrance of the church.*

**2 SAINT JOSEPH CHURCH (535 Brochu Avenue)**  
The first church on this site was built in 1898. It became a cathedral in 1906, but was destroyed by fire in 1916. After the fire, the bishop was transferred to Havre-Saint-Pierre, 220 km (127.5 miles) east of Sept-Îles. The current church was built in 1959. The bell tower houses 4 bronze bells

made by the Paccard bell foundry in France. The church has several valuable works of art, including a ceramic mosaic of Saint Joseph and stained glassed windows (made in Chartres, France) representing the twelve Stations of the Cross. Admission is free, but donations are welcome! *As you exit the church, turn left on Brochu Avenue, then right on Regnault Street and right again on Cartier Avenue.*

**3 SEPT-ÎLES YOUTH HOSTEL (555 Cartier Avenue)**  
Built in 1931, this building first served as a school until 1960. It was then converted into an apartment building. Since 1982, it has housed the Sept-Îles Youth Hostel. *Continue along Cartier Avenue.*



# Self guided Tour

continued



**4 ELDERS PARK (Parc des Aînés)** On your left is the Elders Park, a place where seniors gather on pleasant summer days to enjoy the weather and chat with friends. *Turn right on Père Divet Street, left on Brochu Avenue, right on Napoléon Street and right again on Arnaud Avenue.*

**5 OLD DOWNTOWN DISTRICT** You are now walking in the heart of the Sept-Îles old downtown district, home to restaurants, bars, cafés, delicatessens, bakeries, banks, and other businesses. Please refer to the shuttle bus map for business locations. *Walk back to shuttle bus stop #6.*

**6 OLD DOCK PARK (Parc du Vieux-Quai)** You may see a yellow tent and stage where local artists perform during the summer months. Today, the park is the heart of old Sept-Îles. This is where people come to stroll along the boardwalk, meet friends, play with their children or simply enjoy the magnificent views of the bay, especially at sunset. Cross the park and walk to the Old Dock.

**7 OLD DOCK** Built in 1911, this dock was for many years Sept-Îles's only connection with the outside world. In fact, before 1960's, no roads linked Sept-Îles to the rest of Quebec. Everything came in by boat (mail, merchandise, passengers, etc.). *Walk back to the beginning of the dock.*

**8 CRAFT MARKET AREA** Slightly to your right, you'll see several booths where a craft market takes place during the summer months. *Walk along the Old Dock boardwalk to the marina.*

**9 THE BAY** Across the bay is the ALOUETTE ALUMINUM PLANT. It is one of the largest aluminum plants in North America and employs over 1,000 people.

**10 SUNDIAL** Past the marina, on your right you'll find the SUNDIAL. It is made from an old propeller.

**11 WHALE HUNTING ERA** Next to the SUNDIAL on your left, is a series of pictures depicting the WHALE HUNTING ERA in Sept-Îles. From 1905 to 1914, some 40 seasonal residents worked in a whale oil plant which stood where the aluminum plant is now. Blue whales and fin whales were captured and their blubber was melted down. The oil was sent to Europe to be used for lighting.

**12 INTRIGUING DESIGN** Nearby, you'll also find a floral MOSAIC representing the seven islands of the Sept-Îles archipelago. Each island is represented by a flower bed.

**13 TIDE TOWER** A few steps away you'll find the TIDE TOWER. The brightly coloured rings indicate its cycle. Additional information is provided on the tower. *Continue toward the lobster cage-like building (restaurant) and then walk across the parking lot.*

**14 FISHERMEN'S PARK** As you walk through the parking lot, you will find yourself at Fishermen's Park. This is where fishermen and their crew unload fresh fish and seafood every day from April to October. It is also where they store their fishing gear. *From this point you may return to your ship or continue with Walking Tour #3: Sept-Îles, An Industrial City. The walking tour is about 1 mile long on flat sidewalks and/or streets.*



# Self guided Tour #3

## SEPT-ÎLES, AN INDUSTRIAL CITY



This walking tour begins and ends at the cruise ship pier. It's about 1 mile long on flat sidewalks and/or streets. From the cruise ship pier, walk straight ahead onto Mgr Blanche Street.

**1 WINTER BOAT STORAGE AREA** is located on your right as you exit the port. This is where fishing boats (crab, shrimp, halibut, turbot and scallop) and pleasure craft are stored for the winter months.

**2 UMEK** is located on your left at the corner of Monseigneur Blanche Street and Arnaud Avenue. This is one of the city's fish processing plants. It mainly processes snow crab caught by local fishermen. 90% of production is exported to the USA. *Continue along Monseigneur Blanche Street and turn right on Cartier Avenue.*

**3 COMPANY TOWN DISTRICT** Until the 1940s, Sept-Îles was a quaint little fishing village. The discovery of iron ore north of Sept-Îles and the opening of the Iron Ore Company of Canada changed the lifestyle of the local inhabitants forever. Modern Sept-Îles was nearly built overnight in the mid-twentieth century. In fact, within a few years (between 1940 and 1965), the population of Sept-Îles increased from 700 to 20,000. The COMPANY TOWN DISTRICT, a residential area, was originally developed in the first half of the 1950s for the employees of the Iron Ore Company. The company built three types of houses for its employees; small bungalows for small families, two story duplexes for bigger families and luxurious houses

# Self guided Tour

continued



for the foremen. On Cartier Avenue, you'll see some nice examples of the small bungalows (some with basements, some without). *Turn left on Marquis Street and walk to the corner of Evangéline Avenue.*

**4 FOREMEN'S HOUSES** Standing on each corner of Evangéline Avenue & Maltais Street are four great examples of foremen's houses. *Turn right on Evangéline Street.*

**5 FAMILY HOUSES** On this street you'll find a few two-story duplexes built for bigger families. *At the end of Evangéline Avenue, turn left on Retty Street. Walk past Gamache Avenue until you see an old locomotive on your right.*

**6 LOCOMOTIVE 702** is a Sept-Îles industrial icon. The Iron Ore Company (you can see the company facilities on the other side of the train tracks) shipped its first cargo of iron ore to the United States in 1954. Locomotive 702 was used to build the railway (576 km/360 miles long) connecting the iron mine to the port.

**7 IRON ORE COMPANY** railway & port facilities. IOC is the largest manufacturer of iron ore pellets in Canada and supplies steel producers across North America, Europe and Asia. The company has about 2,000 employees. *From here walk back along Gamache Avenue, turn left on Maltais Street and right on De Quen Avenue. Along these streets are more examples of houses built by IOC between 1950 and 1954 for its employees.*

**8 CONVENIENCE STORE** On the corner of De Quen Avenue and Mgr Blanche Street is a CONVENIENCE STORE where you can find refreshments and snacks if you need a pick-me-up. *Turn left on Mgr Blanche Street and walk to the end of it to the cruise ship pier.*

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