St Martins Sea Caves (photo above)
Toms Saint John (New Brunswick) Cruise Port Guide

31 pages: a) Walking tour maps of the city, Market Square, New Brunswick Museum, City Market, the Pedway System, b) Reversing rapids, c) Rental car touring to St Martin sea caves with route and GPS coordinates, and d) The ship's excursion bus tour to Hopewell Rocks National Park.

Saint John New Brunswick is unique in many respects. It is the oldest incorporated city in Canada and the only city on the stunning Bay of Fundy which has the highest tides in the world, as high as 55.8 feet. The beautiful natural setting on the bay is perfect for all sorts of outdoor activities and exploring the shoreline, forests, parks, mountains, wildlife habitats, whale watching, and enjoying the golf courses.

The city has been updated to showcase and preserve the natural beauty and history. City Planners have redefined “Pedestrian Friendly” using interior, climate controlled, pedestrian walkways above/below ground to connect restaurants, shopping, hotels, museums, entertainment, churches, historic sites, etc. in the Uptown.

Saint John is perfect for self-guided touring from a cruise ship. It’s a short walk, on level ground, from cruise ships docked right in the heart of Uptown. For tourist sites on the outskirts of the city, you can hire a cab or take a bus. For more distant travel, car rental is a viable option because the car rental agency is near the cruise terminal. And you always have the option of the ship's excursion tours.

The hard part is deciding how to spend your limited time in port. This guide is designed to help by describing your choices. Regardless of how you spend time on your first visit to Saint John, you'll probably conclude, as I did, “Saint John is a place I want to visit again to spend more time exploring and enjoying this area”.

This is a must visit website = http://discoversaintjohn.com/

Note: When traveling thousands of miles on a cruise ship, we are not looking at maps/charts. So it's possible to confuse ports of Saint John NB (New Brunswick) with Saint Johns Newfoundland. They are “different” ports.

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CAVEAT

Information contained herein is believed to be accurate. PLEASE verify the information you use for your travel plans. Opinions expressed are my own. This port guide is protected by copyright law - see the last page of this guide for legal notices.

Tom Sheridan
Saint John New Brunswick Has THREE Cruise Ship Docks

Ships are assigned a dock based on their arrival time. The first ship to arrive docks at Marco Polo, the second at Diamond Jubilee, and the third ship docks at Long Wharf.
The main cruise terminal is Marco Polo at Duke & Water Streets  GPS = N 45°16'11.0", W 66°03'43.3"
Marco Polo has free WiFi, a tent with local crafts, and Steamers Lobster, a good restaurant, across the street.

Diamond Jubilee terminal (not shown on the map above) is used by the second cruise ship to arrive in port. It is located 700 feet south of Marco Polo Terminal. GPS = N 45°16'01.7", W 66°03'39.5"

Long Wharf is the third cruise dock  GPS = N 45°16'21.5", W 66°04'10.1"
It's 2625 feet and a 10-minute walk from Long Wharf dock to Market Square.
Market Square is the place to begin your walking tour of Saint John. Market Square is at the intersection of King and Water St (map below). This is the center hub of the tourist area. There's a whimsical park bench for photos in front of Barbour's General Store and a statue at the entrance to Market Square. The Avis Car Rental is convenient for cruise ship passengers.

Saint John Sets a New Standard for “Pedestrian Friendly”

City planners have done an outstanding job creating a clean, inviting, “Pedway” pedestrian walkway system of bridges and tunnels connecting Uptown businesses and attractions. It's fantastic!

The blue lines on the map below show the sites connected by the Pedway.

The Pedway System is an indoor, climate-controlled pedestrian walkway allowing easy access to several uptown business blocks, attractions, the museum, library, tourist information center, hotels, stores, and restaurants. In addition to being more comfortable than walking outside, the Pedway System is:

- Safer than walking outside because you don't have to cross busy streets,
• Less strenuous because it has escalators and elevators. You don’t have to walk up inclined streets or climb stairs making it ideal for old people like me and those with mobility issues, and
• Easier to find your way because it has high visibility, easy to read signage; better than street signs.

The Pedway System connects:
• Harbour Station, a sports and entertainment complex, website = http://www.harbourstation.ca/
• Mercantile Centre, a 7-story office building for government, professional services, etc,
• The Canada Games Aquatic Centre, website = http://www.aquatics.nb.ca/
• Market Square complex that includes shopping, restaurants, the Public Library, the New Brunswick Museum, the Trade and Convention Centre, and the Hilton Hotel. The Market Square website = http://www.marketsquaresj.com/
• City Hall – there’s a Visitor Information Centre on the Pedway between Market Square and City Hall,
• Brunswick Square, a 19-story building with a 3-level shopping complex and Delta Brunswick Hotel, website = www.brunswicksquare.ca/
• The Old City Market, the oldest farmer's market in North America, website = www.sjcitymarket.ca/

Start your walking tour at Market Square (photo below)

The Public Library offers a free, one-day pass for visitors to use the computers for internet access.

The New Brunswick Museum is the oldest continuing museum in Canada. The industrial history exhibit includes ship building. The natural science area covers birds, geology, and whales. See the special marine mammals gallery with a 40-foot North Atlantic Right Whale named Delilah calls home. The museum also has fine and decorative art. Website = http://www.nbm-mnb.ca/

Hours:
Mon. Tues. Wed., Fri. - 9 a.m. - 5 p.m.
Thurs. - 9 a.m. - 9 p.m.; Sat. - 10 a.m. - 5 p.m.
Sun. - noon - 5 p.m.; Closed Mondays

Admission May 15-October 31 $  8-adult, $ 6-senior
November 1-May 14 $ 7-adult, $ 5.5-senior

When you enter Market Square, explore the shops, visit the museum and library, stop for a coffee, or have lunch at a restaurant. To proceed to City Market (a must visit site), take the escalator to the second level and walk back to the area above Water St. You will see a sign over an arch “To Skywalk” (photo at right). Walk through the arch to enter the Pedway System crossing St Patrick Street toward Brunswick Square and City Market.

Note how clean the floors are – you could eat off the floor!

Visitor information is on your left in the next building near City Hall. The people are friendly and helpful and will provide maps and answer any questions about what to see and do in Saint John.
Brunswick Square is a 3-level shopping complex with a wide variety of stores. (Photo below)

It's impossible to get lost in the Pedway System; signage is excellent.

City Market is a National Historic Site (Photos below) Website = www.sjcitymarket.ca/
City Market has a wide selection of products (photos below)

GPS Coordinates
This guide includes GPS Coordinates for tourist sites and key locations. Open this guide in one window on your computer and open Google Maps in a second window. Copy and paste the GPS coordinates into Google maps to find sites and get directions and time for travel by car, bus, walking, or bicycle. The coordinates can be used with any Bing or Google map format such as “map”, “satellite”, “earth”, and “terrain” to see detailed views of the location at any map scale.

These coordinates can also be used in hand-held or vehicle GPS devices. Note that these devices can accept different formats. It's important to set your device to accept data in this format:

Degrees, Minutes, and Seconds shown as N ddd° mm' ss.ss",  W ddd° mm' ss.ss"

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<td>N 45°16'11.0&quot;, W 66°03'43.3&quot;</td>
</tr>
<tr>
<td>Diamond Jubilee Cruise Terminal</td>
<td>N 45°16'01.7&quot;, W 66°03'39.5&quot;</td>
</tr>
<tr>
<td>Long Wharf Dock</td>
<td>N 45°16'21.5&quot;, W 66°04'10.1&quot;</td>
</tr>
<tr>
<td>Avis Car Rental</td>
<td>N 45°16'21.7&quot;, W 66°03'46.3&quot;</td>
</tr>
<tr>
<td>Market Square</td>
<td>N 45°16'22.3&quot;, W 66°03'48.0&quot;</td>
</tr>
<tr>
<td>Barbour's General Store</td>
<td>N 45°16'21.6&quot;, W 66°03'45.4&quot;</td>
</tr>
<tr>
<td>City Market</td>
<td>N 45°16'27.0&quot;, W 66°03'32.8&quot;</td>
</tr>
<tr>
<td>Kings Square</td>
<td>N 45°16'25.1&quot;, W 66°03'29&quot;</td>
</tr>
<tr>
<td>Imperial Theatre</td>
<td>N 45°16'22.4&quot;, W 66°03'28.5&quot;</td>
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<tr>
<td>Loyalist House</td>
<td>N 45°16'29.1&quot;, W 66°03'39.7&quot;</td>
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<td>Loyalist Burial Ground</td>
<td>N 45°16'28.2&quot;, W 66°03'23.2&quot;</td>
</tr>
<tr>
<td>Jewish Historical Museum</td>
<td>N 45°16'24.8&quot;, W 66°03'13.3&quot;</td>
</tr>
<tr>
<td>Trinity Church</td>
<td>N 45°16'19.9&quot;, W 66°03'35.4&quot;</td>
</tr>
</tbody>
</table>
As you can see, most of the popular tourist sites can easily be accessed via the pedway system.

Market Square has the Public Library and the New Brunswick Museum. The Tourist Information office is in the Pedway system near City Hall. Brunswick Square is a huge mall, hotel, and business complex. City Market is a must visit site. The other major tourist sites are a short walk from City Market. Trinity Church can be viewed on your walk back to the ship at Marco Polo Terminal.
Tourist Sites Shown on the Map on the Previous Page

Avis Car Rental  GPS = N 45°16'21.7", W 66°03'46.3"
Avis Saint John, NB Rent-A-Car, 4 Water Street, Saint John, NB E2L 2A5, Canada  (506) 634-7750
Hours Sun 10:00 AM - 2:00 PM; Mon - Fri 8:00 AM - 5:00 PM; Sat 9:00 AM - 1:00 PM  www.avis.com
This is a convenient location. I rented a car and drove to Fallsview Park to see the reversing rapids and St Martins Caves. Using my AARP discount card, the cost for car, insurance, and gas was $ 72 = $ 18/person for 4 people. I describe our driving tour in detail in this guide.

Barbour's General Store  GPS = N 45°16'21.6", W 66°03'45.4"
10 Market Square, Saint John, NB,  Tel: 506.642.2242  Open: June 4 - October 30
There is a Visitor Information Centre at Barbour's General Store.
Be sure to stop for photos at the park bench in front of the store.
An authentic 18th century General Store revamped as a charming tearoom, store and museum. Come in and enjoy local New Brunswick products the way they have been enjoyed for generations. Originally from Sheffield, New Brunswick, the store was used as a chicken coop for a number of years before being brought to Saint John in two pieces. In 1967, in celebration of Canada’s centennial and Barbour’s 100th year in business, the General Store was restored and opened as a museum. It now sits at the foot of King Street in its third Saint John location across the street from where the original G.E Barbour manufacturing facility once sat. http://discoversaintjohn.com/places/barbours-general-store/

City Market  GPS = N 45°16'27.0", W 66°03'32.8"
47 Charlotte St, St John, NB E2L 2H8, Canada  Tel 1 506-649-7967
City Market, the oldest continuing farmer's market in Canada, forms the historic centerpiece of a revitalized city centre. First opened in 1876, the City Market has withstood the test of time - from The Great Fire of 1877 which devoured the city around it only a year after it opened, to the twentieth-century urban renewal that built a brand new city right outside the iron gates.
A full city block in length, the Market runs downhill from the “head of the Market” on Charlotte Street, gently sloping to the Germain Street entrance, a full 10 feet below. At both entrances hang the same gates that have swung closed at the end of each business day since 1880. Crafted from heavy wrought iron, their graceful design is a tribute to the skill and artistry of the local blacksmith who created them.
It's a must visit site, see http://www.sjcitymarket.ca/main.html

City Market Directory

Stall Merchants

<table>
<thead>
<tr>
<th>Stall Name</th>
<th>Proprietor</th>
<th>Primary Telephone</th>
<th>Email</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baking Stone, The</td>
<td>Vera Bochar</td>
<td>506-693-9818</td>
<td><a href="mailto:vbochar@nbnet.nb.ca">vbochar@nbnet.nb.ca</a></td>
<td><a href="http://www.thebakingstone.webs.com">www.thebakingstone.webs.com</a></td>
</tr>
<tr>
<td>Balemans Quality Produce</td>
<td>Robert &amp; Belinda Balemans</td>
<td>506-657-4093</td>
<td><a href="mailto:RGBalemans@hotmail.com">RGBalemans@hotmail.com</a></td>
<td></td>
</tr>
<tr>
<td>Billy’s Seafood Company</td>
<td>William (Billy) Grant</td>
<td>506-672-3474</td>
<td><a href="mailto:seafood@nbnet.nb.ca">seafood@nbnet.nb.ca</a></td>
<td><a href="http://www.billysseafood.com">www.billysseafood.com</a></td>
</tr>
<tr>
<td>Butcher’s Daughter Gift Shoppe, The</td>
<td>Cindy Christie</td>
<td>506-648-9512</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dean’s Meat Stall Ltd.</td>
<td>Blaine Henderson</td>
<td>506-693-7291</td>
<td><a href="mailto:bjwhenderson@hotmail.com">bjwhenderson@hotmail.com</a></td>
<td></td>
</tr>
<tr>
<td>Howard’s Convenience</td>
<td>Ross Chang</td>
<td>506-652-2641</td>
<td><a href="mailto:letsgojks@hotmail.com">letsgojks@hotmail.com</a></td>
<td></td>
</tr>
<tr>
<td>Infusion Tearoom/Bistro, The</td>
<td>Hugh Kwak</td>
<td>506-693-8327</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Java Moose Coffee</td>
<td>Boy's Own Inc.</td>
<td>506-634-7441</td>
<td><a href="mailto:sales@javamoose.com">sales@javamoose.com</a></td>
<td><a href="http://www.javamoose.com">www.javamoose.com</a></td>
</tr>
<tr>
<td>Jeremiah’s Deli</td>
<td>Graham Stilwell</td>
<td>506-658-0188</td>
<td><a href="mailto:jeremiahs@rocketmail.com">jeremiahs@rocketmail.com</a></td>
<td></td>
</tr>
<tr>
<td>Kim’s Korean Food</td>
<td>Jean Gon Lee</td>
<td>506-642-1040</td>
<td><a href="mailto:kims_korean_food@hotmail.com">kims_korean_food@hotmail.com</a></td>
<td></td>
</tr>
</tbody>
</table>

Website: www.infusiontearoom.ca

For more guides, see www.TomsPortGuides.com
Li’l Gelato and Sweet Shoppe
Proprietor: Deborah Childs
Primary Telephone: 506-674-1809
Website: www.childsfoods.com

Linja Gifts and Oriental Foods
Proprietor: Alice Lee
Primary Telephone: 506-652-5750
Email: info@p2ppcc.com

North Market Seafood
Business Manager: Jon Steeves
Primary Telephone: 506-652-8990
Website: www.truenorthsalmon.com

Perry’s Market Ltd.
Proprietor: Raymond Fitzpatrick
Primary Telephone: 506-693-1302
Email: fitz@nb.sympatico.ca

Pete’s Frootique
Proprietor: Soo Young, Jeon
Primary Telephone: 506-642-2859
Email: sooyeong@rogers.ca

Sagrati’s
Proprietor: Kylee Douglas
Primary Telephone: 506-642-5504
Website: www.sagratis.com

Shawarma Hut Inc.
Proprietor: Stefan Oveza
Primary Telephone: 506-754-4010
Email: oveza.stefan@yahoo.com
Website: www.shawarmahut.ca

Sisters Italian Foods
Proprietor: Diane Marks
Primary Telephone: 506-642-3003
Email: dmarks60@yahoo.ca

Slocum & Ferris
Proprietor: David Forestell
Primary Telephone: 506-652-3663
Email: mikmon@nb.sympatico.ca
Website: www.slocumandferris.com

Wild Carrot Café, The
Proprietor: Alice Jardine
Primary Telephone: 506-632-1900
Email: wildcarrotcafe@nb.aibn.com
Website: www.wildcarrotcafe.com

Winegarden Estate Ltd.
Proprietor: Rosswog Family
Primary Telephone: 506-636-9909
Website: www.winegardenestate.com
Facebook: Winegarden Estate Winery & Distillery

A La Modeco

Proprietor: Scott McDade
Primary Telephone: 506-609-3449
Website: www.alamodeco.com

Canvas Pictures
Proprietor: John Baxter
Primary Telephone: 506-663-8085
Email: canvaspictures@hotmail.com

Celestial Soul Connection
Proprietor: Joan Filshie
Primary Telephone: 506-832-2414
Email: tuyafromya@hotmail.com
Website: www.celestialsoulconnection.com

Creative on Demand
Proprietor: Vicky Walker
Primary Telephone: 506-642-4143
Email: wwalkerglass@hotmail.com

Day’s End Studio
Proprietor: Patsy Day
Primary Telephone: 506-642-4143
Email: pat.daydreams@gmail.com
Website: www.daysendstudio.com

Get Juiced at Pete’s Frootique
Proprietor: Darren Lavigne & Joe Lander
Primary Telephone: 506-642-4338
Email: petesfrootiquenb@nb.aibn.com

Impressions of Saint John
Proprietor: Linda M. Cooke
Primary Telephone: 506-652-6705

Land & Sea Apparel and Mementos
Proprietor: Bruce MacLeod
Primary Telephone: 506-648-4747
Email: psg@nb.sympatico.ca

Mainly for Kids
Proprietor: Jenny Gamble
Primary Telephone: 506-849-1975
Website: www.mainlyforkids.com

Pat’s Secret Garden
Proprietor: Pat & Bruce MacLeod
Primary Telephone: 506-652-5956
Email: psg@nb.sympatico.ca

Taco Pica Restaurant (Worker Co-operative)
Proprietor: Santos Ruyan, Fernando Bregel & Flor Bregiel
Primary Telephone: 506-633-8492
Email: tacopica@yahoo.com
Website: www.tacopica.ca

Saturday Merchants
Authentic Mexican
Proprietor: Isobel Condon

Cape Breton OatCake Society
Proprietor: Greg Pringle
Primary Telephone: 506-654-6287

Email: greg@oatcakesociety.com
Website: www.oatcakesociety.com

Delectables
Proprietor: Brenda Gallant
Primary Telephone: 506-654-0917
Website: bgdelectables.webs.com
Email: bgdelectables@yahoo.ca

Dragon Spire Clayworks Origami
Proprietor: Tina Vautour
Primary Telephone: 506-645-7865
Email: tmvautour@hotmail.com
Facebook: DragonSpire Clay Works

Ganache & Panache
Proprietor: Warna Downey
Primary Telephone: 506-644-8071
Email: ganacheandpanache@gmail.com
Facebook: Ganache & Panache

In Black and White Photography
Proprietor: Carl MacKinnon
Primary Telephone: TBA
Email: cmack@nb.sympatico.ca
Facebook: InBlackAndWhitePhotography

Jane’s Fresh Flowers
Proprietor: Jane Wilson & Diane Borgerson
Primary Telephone: 506-214-3765
Email: dianeborgerson@yahoo.ca
Facebook: Jane’s Fresh Flowers

Pitman Pine Products
Proprietor: Rob Pitman
Primary Telephone: 506-653-1134
Email: rlpitman@rogers.com
Facebook: Pitman Pine Products

Safe Sox
Proprietor: Stefan Mildenberger
Primary Telephone: 506-721-5228
Email: safesox1@rogers.com
Facebook: Safe Sox

Touch of Spice
Proprietor: Steve Zaat
Primary Telephone: 506-721-3003
Email: touchofsteve@gmail.com
Facebook: Touch of Spice Samosas

Try It Company
Proprietor: Daniel Cullen
Primary Telephone: 506-608-4254
Email: tryitcompany@gmail.com
Facebook: Try It Company

Turkan’s Middle Eastern Home Cooking
Proprietor: Habibi Kilisi
Primary Telephone: 506-632-2200

Yan Zi Wo
Proprietor: Xiaoyan Jiang
Primary Telephone: 506-721-7280

For more guides, see www.TomsPortGuides.com
Kings Square  GPS =  N 45°16’25.1”, W 66°03’29”
For a virtual 360° tour, see
http://www.360cities.net/image/new-brunswick-saint-john-kings-square-monuments#-22.82,-18.17,56.8

Loyalist House  GPS =  N 45°16’29.1”, W 66°03’39.7”
120 Union St, St John, NB, Canada, Admission $2 – $7, Open  M-F 10 a.m. to 5 p.m.,  June 1st to August 31st
Loyalist House was constructed from 1811 to 1817 by David Daniel Merrit, a Loyalist from Rye, New York. The oldest building in the city of Saint John, it survived the Great Fire of 1877 due to servants surrounding it with wet towels. The Merrit family continuously occupied it for nearly 150 years, and in 1959 it was acquired by the New Brunswick Historical Society. http://www.tourismnewbrunswick.ca/Products/T/The-Loyalist-House.aspx

Loyalist Burial Ground  GPS =  N 45°16’28.2”, W 66°03’23.2”
Saint John's original burial ground was established on this site shortly after the landing of the United Empire Loyalists in 1783. After its closure as a cemetery in 1848 the site became a memorial garden with tree lined walkways and flower beds. For over 100 years it remained a unique place of beauty in the centre of a busy industrial city. However, time and neglect gradually took their toll. In 1994 the Irving family undertook a restoration program as a gift to the people of Saint John. They commissioned and carried out a refurbishing of the entire site, including the construction of brick and granite walkways, benches, specially cast memorial gates, railings and light columns. Hundreds of trees and thousands of flowers and shrubs were planted and the magnificent Beaver Fountain was created. http://new-brunswick.net/Saint_John/lbgrounds/burial.html

Imperial Theatre  GPS =  N 45°16'22.4", W  66°03'28.5”
24 Kings Square S, St John, NB E2L 5B8, Canada  Tel  +1 506-674-4100
The original Imperial Theatre was designed by Philadelphia architect Albert Westover, and was built in 1912 and 1913 by the Keith-Albee vaudeville chain of New York City and their Canadian subsidiary, the Saint John Amusements Company Ltd. The theatre was designed as a modern adaptation of the Italian Renaissance, and opened on September 19, 1913, and was used both for live vaudeville acts as well as "talkies". In 1929, it was renamed the Capitol Theatre, and like most vaudeville houses across the continent, became a cinema. The Imperial Theatre reopened in May, 1994 after being restored to its original 1913 Victorian splendor. Imperial Theatre is Atlantic Canada's busiest and most beautiful venue for live performance. Incorporating state-of-the-art theatrical equipment and an enlarged stage. It seats 900 in comfort, affording excellent acoustics and sightlines. Imperial Theatre is fully accessible to the disabled, and features a listening assistance system for the hearing impaired.
The people of Saint John are proud of 'their' theatre. http://www.imperialtheatre.nb.ca/

Jewish Historical Museum  GPS =  N 45°16'24.8", W 66°03'13.3"
91 Leinster Street, Saint John, NB E2L 1J2 The Museum is open for the 2013 season from 10 am to 4 pm, every Monday through Friday From May 27 until October 25, excluding Jewish holidays. We also open on Sundays in July and August from 1 pm to 4 pm. Please contact us to arrange for group tours by appointment. Our library and archives are available to qualified researchers by appointment. sjjhm@nbnet.nb.ca
The Saint John Jewish Historical Museum opened its doors in July 1986. The museum has, in many respects, become the public face of the Jewish community in Saint John. Its primary role is to collect, preserve and display the history of the Jewish community of Saint John, New Brunswick, Canada. Visitors are welcomed from around the world. In addition to exhibits, the museum also has a research library and archives.
Website = http://personal.nbnet.nb.ca/sjjhm/
Trinity Anglican Church  GPS =  N 45°16′19.9″, W 66°03′35.4″

Back door of church = 115 Charlotte Street, front door = 116 Germain St  Website = http://trinitysj.com/

The Parish of Saint John was founded by the United Empire Loyalists during the American War of Independence. The Loyalists, who wished to remain loyal to the British Crown, fled the United States to find freedom and help establish a new nation. Three thousand souls arrived on May 18, 1783, on the rugged, tree-covered shores at a small colonial trading post on Saint John Harbour. They came in twenty ships from New York, and were among the first political refugees of the modern era.

The church was built in 1791, destroyed by the Great Fire of Saint John in 1877, and rebuilt beginning in 1879. It's a very impressive structure. The walls are limestone. Pillars in the nave are polished granite, woodwork is black ash with black walnut moldings. The ceiling of the church is black ash in the shape of a ship's hull. The church is 150 feet long, 62 feet wide, and the steeple is 210 feet high. The clock bells ring at the hours of three, six, nine, and twelve. The largest bell has an inscription: “In Memoriam the Loyalists 1783: Faithful alike to God and the King.”

I highly recommended visiting the church. Donations from visitors are welcome; please contribute.

A man greeted me and walked with me through the church pointing out details and suggesting where to stand for the best photos of this beautiful church.
How Strenuous Is a City Walking Tour?

I created a walking route **map below** showing elevation above sea level when walking from Marco Polo Cruise Terminal to Market Square to City Market to Trinity Church and back to Marco Polo Terminal. Walking distance is one mile for this route. You are walking up/downhill as you walk East-West, inland from the harbour. There is very little change in elevation as you walk North-South, parallel to the harbour.

**Use the Pedway System to avoid walking uphill on city streets from Market Square to City Market.**

I used Google Earth maps to determine elevation change along my walking route and plotted that elevation data on the walking route map above.

Google Earth maps show a “hand icon” at the location of the cursor on the map. When the “hand icon” is at the intersection of Water & Duke Streets, the Google Earth map shows the elevation is 23 feet above sea level. This is displayed on the bottom right section of the map after the GPS coordinates for the cursor location. **See the red arrow on the map below.**
OPTIONS To Explore the Saint John Area (in addition to the ship's excursions)

Walking:
I believe walking is the best way to explore Uptown Saint John because distance is short and the Pedway System makes it easy. Saint John also has a network of outdoor trails for walking, jogging, or cycling.

Local bus tours:
The Hop On bus costs ~ $39/person for two routes at 40 to 45 minutes each. There's also a narrated bus tour of the city for ~ $35. I believe you do not need a bus and can easily walk from the ship to most of the tourist sites except for the Reversing Rapids at Fallsview Park, Fort Howe Lookout, and Carleton Martello Tower.

Share a taxi to tour sites beyond city centre “Uptown”:
Taxis are ~ $50/hour. My friends paid $75 for a taxi shared by four people = $19/person. The cab dropped them off at Market Square. A cab is time efficient and cost effective/cheap for 4 people.

Rent a car:
Avis is close to the ship's dock. My cost for car rental, insurance, and gas was $72 = $18/person for 4 people. This is an excellent, low cost way to tour sites outside of centre city St John.

Plan ahead to make the most time and cost effective self-guided tour of Saint John
This guide covers the following tourist sites outside of centre city Saint John:
- Fallsview Park to see the reversing rapids, Carleton Martello Tower, Fort Howe Lookout,
- Irving Nature Park and Rockwood Park, St Martins Sea Caves, Hopewell Rocks National Park, and St. Andrews by the Sea

Fallsview Park - the Reversing Rapids   GPS =  N 45°15'52.5", W 66°05'16.3"
Reversing Rapids is a series of rapids on the St. John River, a unique phenomenon caused by the tremendous tide in the Bay of Fundy, a 170-mile-long ocean bay on Canada's east coast. The rapids are most impressive at high tide. Fallsview Park is the closest observation point for the rapids. Some people view the rapids from the bridge near the rapids. The photo below shows Fallsview Park with observation areas along the parking lot and two points as shown on the map. There is also a stairway to the high speed jet boats at the right side of this photo. I'm told the boat ride is exciting. Note there are restrooms at the park.
DRIVING DISTANCE & TIME to Fort Howe, Fallsview Park, & Carleton Martello Tower (map below)

If you hire a cab or rent a car, you may want to visit Fort Howe, Reversing Rapids, and Carleton Martello Tower. The sites are close to one another and you probably won't spend much time at these sites. A taxi to Reversing Rapids is ~ $7. Note that you can view Reversing Rapids from Fallsview Park and the Highway Bridge as shown on the map above.

**Fort Howe Lookout**  GPS = N 45°16'37.1", W 66°04'18.4"

After the 1777 siege of Saint John by the Americans, the British fortified the area with Fort Howe.

**Carleton Martello Tower**  454 Whipple Street, Saint John  GPS = N 45°15'07.2", W 66°04'33.6"

Carleton Martello Tower is a National Historic Site maintained by Parks Canada. The tower was constructed for the War of 1812, as New Brunswick was valued for its overland route to Canada and as an advance post for Halifax.
Nature Parks near Saint John

Depending on the time of the year you visit Saint John, you may want to visit the nature parks. There are walking trails to the parks from the city. I'm not a hiker. If I were visiting these parks, I'd rent a car and spend my time walking in the parks rather than along trails to get to the parks. The map below shows driving time to the parks.

Irving Nature Park  GPS =  N 45°13'24.3", W 66°07'41.4"

It is described as “a winding coastal road and nature walking trails on the Bay of Fundy where you can see harbour seals, porpoises and hundreds of species of birds”.

Rockwood Park  GPS =  N 45°18'14.4", W 66°03'34.1"

It is described as “the epicenter of fun and outdoor adventure. Summer is playtime, with swimming, camping, BBQ's, golfing… the list goes on and on. Come fall, the hiking is breathtaking when the forest turns into a brilliant canopy of red, yellow, and gold.”
Driving Tour from Saint John to Fallsview Park and St Martins Caves

On Saturday, our ship docked at Marco Polo Terminal from 8 AM to 2 PM. Avis was open 9 AM to 1 PM.

We had reserved 2 cars for 8 people. Two of us left the ship around 8:50 AM to arrive at Avis early to avoid lines. The paperwork had already been filled out, so it only took a few minutes. We were told to drop the keys in the slot when we returned the cars. The cars were parked across the street. We drove back to the ship to pick up the other members of our party.

I carried my GPS and had pre-programmed it with coordinates for all of the stops on our route. My GPS announces street names, distances, and turn directions so I don't have to look at it except at important intersections. A GPS avoids the distraction of looking at paper maps so we can enjoy a relaxing ride. You can't get lost. If you miss a turn, the GPS will recalculate the route.

The GPS monitors travel time. If there are delays due to road construction, the delay will affect us both to and from our destination. I add the traffic delay to the schedule and plan to return to the ship an hour before it sails.

Renting a car allows me to stop anywhere to take photos and spend time as I wish. My photos are not compromised by dirty windows of a moving tour bus and I don't waste time waiting for 50 people to get off and back on the bus to use the restrooms.

We drove to Fallsview Park and spent 10 minutes. Then we went to St Martins Sea Caves and had lunch at Cave View Restaurant. We stopped to walk around the harbor, photographing the wooden covered bridges and lighthouse. On the way back to St John, I stopped to top off the gas tank near St John Airport.

Cost for car rental depends of day of week, time of day, and discounts available. Using my AARP discount card, the cost for a car with unlimited mileage, insurance, and gas was $ 72 = $ 18/person for 4 people. By comparison, the ship's bus excursion tour is ~ $ 100/person. I drove the same roads and visited the same sites as the ship's excursion. In fact, the bus was behind me for most of the drive.

Driving route map below.

GPS Coordinates for our Driving Route

Marco Polo Terminal  GPS = N 45°16'11.0", W 66°03'43.3"
Avis Car Rental  GPS = N 45°16'21.7", W 66°03'46.3"
Fallsview Park  GPS = N 45°15'52.5", W 66°05'16.3"
Gas Station near St John Airport  GPS = N 45°19'48.2", W 65°53'34.6"
St Martins Harbor  GPS = N 45°21'30.8", W 65°31'55.3"
Cave View Restaurant  GPS = N 45°21'31.1", W 65°31'29.1"
St Martins Sea Caves  GPS = N 45°21'27.0", W 65°31'24.1"
**Fallsview Park** - It was raining hard when we got there. There wasn't much to photograph of the reversing rapids in the rain. Technically, it's an important phenomenon, but from the viewfinder of my camera it's muddy water circling around a small island with the Irving Pulp and Tissue Paper Plant in the background. It didn't strike me as photogenic.

**Drive to St Martins**

If time were not an issue, the most scenic route to St Martins would be along the coastal road next to Bay of Fundy. But that route is too long for the limited time our ship was in port. We took the same cross country, direct route used by the cruise ship's excursion tours. It's an hour drive.

I'm an avid photographer and enjoy the freedom to stop at the side of the road to photograph interesting sites such as the this church (photo right).

The rain subsided as we drove to St Martins. There was a light fog and the trees still had some good color. (photo below)
As you can see on the map above, the harbor is small.

**St Martins Harbor**  
GPS = N 45°21'30.8", W 65°31'55.3"
There are two wooden bridges at the harbor. (photo below)

Sea Caves are on the beach directly across the street from the Cave View Restaurant
GPS =  N 45°21'27.0", W 65°31'24.1"

When the tide is out, you can walk to the caves. Be careful, the pebbles can move as you step on them and they are slippery in some areas. There is a stream (photo above) that originates next to the Cave View restaurant.
If you try to cross the stream in this photo, there is a danger of falling on the slippery pebbles.

If you want to walk inside the caves, you have to walk from the parking lot close to the land-cliff side to get on the upside of the stream so you can get close to the entrance to the caves. Look along the parking lot to see where the stream originates so you can walk to the land-cliff side of it to the caves.

The Cave View Family Restaurant advertises: World Famous Chowder, dining on the beach by the caves, quality seafood and burgers. Tel: 506-833-4698  The chowder was great!

We had planned to drive to City Market on our way back to the ship. But we spent so much time stopping along the route for photos that we did not have time to stop at City Market. We had a great time on our driving tour.

Height of Tides in the Bay of Fundy

The Bay of Fundy has the highest tides in the world, as high as 55.8 feet. The height of the tide varies with location, time of the day, and date. I looked up tide tables for October 2014 and found the highest tide near the city of Saint John is ~ 24 feet. By comparison, the tide near Hopewell Rocks National Park is ~ 46 feet.

To see the effect of the tide at Saint John cruise terminal, take a photo of your ship at the dock in the morning. When you return in the afternoon, take a second picture from the same vantage point. You'll see a significant difference in the height of the ship above the dock. I would estimate that our ship moved about 8 feet higher in the time we were docked.

To see the dramatic effect of high tides, visit Hopewell Rocks National Park. The sea has sculpted the rocks forming individual rocks with trees growing on top, hence the name, “Flowerpot Rocks.”

Hopewell Rocks National Park (also known as Flowerpot Rocks and Cape Rocks)

For information on the park, see http://www.thehopewellrocks.ca/
For a 360 degree virtual tour, see http://www.360tourist.net/view-tour/5513

Travel issues:
- The park is 117 miles (189 km) from Saint John = a 2-hour and 20-minute ride one way.
- When you get to the park, it's a fairly long walk from the parking lot to the stairs down to the sea floor. There is shuttle bus ($ 2 each way) between the parking lot and stairs, but I've read it can take 30 minutes waiting for, and riding, the shuttle.
- If you want to walk on the sea floor, you have to arrive at the park when the tide is out.
- Wear shoes you can easily wash off at the park, the sea floor is muddy
- If you are mobility challenged, you may have difficulty climbing up/down the stairs to the sea floor
- Consider when the park is open. Hours of operation for the 2014 season are:
  May 16 – June 20   09h00 – 17h00
  June 21 – August 22  08h00 – 20h00
  August 23 – September 01  09h00 – 19h00
  September 02 – October 13  09h00 – 17h00

Our ship docked at Marco Polo Terminal on Saturday at 8 am. The Avis Car Rental opened at 9 am. I was concerned that I might not have enough time to rent a car, drive to Hopewell Rocks Park, walk from the parking lot to the stairs to the sea floor, and get back to the ship on time.

I decided to take the ship's excursion tour for $ 139/person. It was fantastic. I highly recommend it. It is much more time-efficient than renting a car and driving to the park because the bus parks next to the main stairs to the sea floor which saves you as much as an hour of walking time to/from the car parking lot to the main stairs.

Our tour was with Aquila Tours company  www.facebook.com/AquilaTours
• Our bus left Marco Polo Cruise Terminal at 8:30 am and returned at 3:30 pm
• Our tour guide was outstanding! She explained the area, the history, and she had a great sense of humor.
• Scenic overlook of Fundy Park - we stopped for photos while the guide pointed out areas of interest.
• Alma Fishing Village - we stopped to walk around the beach, and to view the bay and fishing boats.
• When we entered Hopewell Rocks National Park, a park ranger boarded the bus and went with us to explain the park. That's a nice touch!
• To avoid the long walk or shuttle ride from the parking lot to the stairs, our bus took a back-road and dropped us off near the main stairs to the sea floor. This minimized unnecessary walking and saved time!
• Our guide emphasized we had a maximum of 45 minutes to explore the area. She carried a loud siren-horn and said that if we had not returned on time, she would sound the horn. We had to come back immediately if we heard the horn blast. She pointed out the emergency tower at the other end of the cliff for people who got stranded on the sea floor when the tide came in. The tide comes in quickly!
• I estimate the stairs are 50 feet from the top of the cliff to the sea floor. That's like climbing down/up a 5-story building! A few people with canes and mobility problems decided not to climb down/up the stairs. You can see the rocks from the observation tower at the top of the cliff, but the whole point of going there is to walk the sea floor and get close to the massive rock formations.
• There were a few inconsiderate photographers who set up large tripods on the landing of the stairs and took forever taking photos. I squeezed by them to walk down to the sea floor.
• The sea floor surface is wet, has some irregular small rocks, slippery seaweed, and is very muddy in some areas. My shoes had an inch deep mud after walking on the sea floor. Fortunately, the park has provision with water tanks, hoses, and brushes to wash your shoes before boarding the bus.
• We stopped for lunch (included in the tour) at the Interpretive Center at the park. My lobster roll sandwich was mediocre, but the chowder was excellent. There was nothing to drink but water.
• The Interpretive Center had a gift shop with some nice items.
• On our return to the ship, our bus drove through Saint John as our guide explained the sites.
Fundy National Park 

Fundy National Park of Canada encompasses some of the last remaining wilderness in southern New Brunswick. Here, the conifer dominated Caledonia Highlands roll down to meet the fog-generating Bay of Fundy. The tidal fluctuation of the Bay of Fundy is the highest in the world. Watch fishing boats come and go to the rhythm of the bay. Inland, explore lush forests and deep stream valleys.

Daily Entry Fee  
Adult $ 7.80  
Senior $ 6.80  
Our tour was in October. The ticket office was closed = no admission fee.

View from Scenic Overlook  
GPS = N 45° 36' 7.54", W 64° 57' 46.47"  (photo above)

Alma Fishing Village  
GPS = N 45° 35' 58.63", W 64° 56' 50.74"  (photo below)

This brass sign was posted at the observation deck for the Bay of Fundy in Alma.
Hopewell Rocks National Park - Main Entrance  GPS =  N 45°49′04.2″, W 64°34′41.9″

The park website is excellent, see  http://www.thehopewellrocks.ca/  and download a park map

Admission: Adults $ 9.00  Seniors 65 $ 7.75  (Admission was included in our bus tour)

There are several observation platforms to view the rocks from the top of the cliff.

If you want to walk on the sea floor next to the rocks, you have to take the main stairs down ~ 50 feet to the sea floor. These stairs are a half mile from the park entrance:

If you drive a car, you'll park a half mile from the main stairs to the sea floor. There is a walking trail through the woods. An alternative is to ride ($ 2 each way) on a golf cart shuttle (Navette) with room for 7 passengers. Considering waiting time for the shuttle, it could take 30 minutes to get to the main stairs from the parking lot.

I downloaded a park map and marked it up to highlight:

• Location of the Main Stairs to the sea floor from the top of the cliff. The stairs are next to the most popular and frequently photographed rocks. Note that the rocks have names such as “Flower Pot Rocks, Lovers Arch” etc.
• There is also a set of Stairs/Ramp for Kayak launching to paddle around the rocks.
• Our ship's excursion Bus Drop Off was next to the Main Stairs so that we did not waste time and energy with unnecessary walking. The road to this bus drop off point was closed to the public and not accessible to rental cars. The road was restricted to tour buses.
• I highlight the Walking Trail and the Shuttle trail from the parking lot to the Main Stairs on the map using white and yellow dots.
• And finally, I added a distance scale of 500 feet on the park map.

One last point. The park service rotated the map 90 degrees counter-clockwise. The left side of the map is pointing North. See the modified park map on the next page.
Walking Down the **Main Stairs** from the observation platform on the cliff to the sea floor
The rocks form arches, caves, single pedestals and flowerpots with flowers and trees on top.
A single rock surrounded by sea weed
Uniquely beautiful rock formations

The Stairs/Ramp for launching Kayaks
St. Andrews by the Sea  N 45°04'25.1",  W 67°03'09.3"

This resort town, known as St. Andrews by the Sea, is one of the oldest and loveliest in the Maritimes and is a treasure trove of beautiful architecture, unparalleled scenery and rich marine life.

I have not been there. But, if you have enough time in port and it is the right season of the year, I would imagine this would be a great place to visit.

The driving route and time from Saint John Marco Polo Terminal are shown on the map below

Google street level photo below

The tourism website at [http://www.standrews-nb.worldweb.com/](http://www.standrews-nb.worldweb.com/) offers this description of St Andrews

*St. Andrews is one of Canada's oldest seaside resort towns, and is a designated Canadian National Historic District.* Situated in the southwest section of New Brunswick, its position in the scenic Passamaquoddy Bay offers stunning ocean views and an array of oceanic activities such as charter fishing, whale watching and kayak tours. Discover the town’s abundant history with tours to the Dock House Museum and The Blockhouse, the last of 12 coastal structures erected during the War of 1812.

Other attractions include Kingsbrae Garden, voted one of Canada's top 10 public gardens, and the Atlantic Salmon Interpretive Centre, which offers educational information on the history of one of Atlantic Canada's greatest resources.

*St. Andrews is home to the largest full service resort in eastern Canada, the Fairmont Algonquin, complete with world-class golf course, designed by the renowned Thomas McBroom.*
User Feedback Is Welcome

Goal
My guides are designed to help you plan a great cruise vacation by providing information such as where the ship docks, location of tourist sites, public transit, walking tour maps, things to see and do, travel issues unique to the port, etc. Knowledge of ports is important when planning shore excursions because you have to make many decisions and commitments long before your ship docks. I believe the information in this guide is accurate, however you are responsible to verify accuracy of the information that you use to plan your vacation.

Information on cruise ports frequently changes such as bus routes, admission fees to sites, rental car locations, etc. Cruise Critic is the best source for up-to-date, detailed information on travel details for shore excursions, reviews of cruise ships, etc. There are many knowledgeable people on Cruise Critic who are willing to share their expertise and travel experience. I highly recommend www.CruiseCritic.com; it's free to join.

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Fortunately, a friend of mine on that ship complained to the purser and the ship stopped violating my copyright.

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Tom Sheridan